

**Von:** Hans J. Ebbing <hansjuergen.ebbing@germanredcross.de>

**Gesendet:** Freitag, 20. März 2020 10:20

**An:** Delegates All <DelegatesAll@drk.de>; Verteiler 21 <Verteiler21@drk.de>

**Cc:** Taskforce-International <taskforce-international@drk.de>

**Betreff:** Additional guidance: Measures while in office, Advice for returning staff and visitors, Home Self-Monitoring

Dear all,

Please find attached some brief summaries for various situations we are all already or potentially exposed to:

- Measures to be taken while in office
- Advice for returning staff and visitors
- Home Self-Monitoring (recommendations and table)

If you have any questions related to these or other COVID-19 topics please direct them to:

- Me directly ([hansjuergen.ebbing@germanredcross.de](mailto:hansjuergen.ebbing@germanredcross.de)) for any personal medical questions or concerns – my skype and Whatsapp details are below as well.
- The COVID taskforce ([taskforce-international@drk.de](mailto:taskforce-international@drk.de)) for any other COVID related topics

Best regards and stay well

Hans-Jürgen

-----  
Dr. Hans Jürgen Ebbing  
Fachberater Gesundheit  
Health Advisor

Deutsches Rotes Kreuz / German Red Cross  
Internationale Zusammenarbeit / International Cooperation  
Phone: +66 657083031  
Skype: hjebbing  
Email: [hansjuergen.ebbing@germanredcross.de](mailto:hansjuergen.ebbing@germanredcross.de)

Generalsekretariat  
Carstennstraße 58  
12205 Berlin  
Germany