**Von:** Hans J. Ebbing <hansjuergen.ebbing@germanredcross.de>   
**Gesendet:** Freitag, 15. Mai 2020 11:17  
**An:** Delegates All <DelegatesAll@drk.de>; Verteiler 21 <Verteiler21@drk.de>  
**Cc:** Taskforce-International <taskforce-international@drk.de>; Almut Fischer <A.Fischer@drk.de>  
**Betreff:** AW: Staff Health: COVID-19 risk groups

Dear all,

as more things are becoming known about the virus and the disease it causes, I wanted to update you on with some information related to your personal risk profile and well-being.

In addition to the conditions mentioned in the email in March, there have now been additional conditions identified that are linked with a higher risk of more serious disease.

These are for now:

* Smoking
* Obesity (high level of overweight)

As before, any combination of these factors is certainly not the best. Please take this into account when thinking about your personal exposures and life style measures.

Best regards

Hans

--------------------------------------------------------------------------

Dr. Hans Jürgen Ebbing

Fachberater Gesundheit

Health Advisor

Deutsches Rotes Kreuz / German Red Cross

Internationale Zusammenarbeit / International Cooperation

Phone: +66 657083031

Skype:   hjebbing

Email:   [hansjuergen.ebbing@germanredcross.de](mailto:hansjuergen.ebbing@germanredcross.de)

Generalsekretariat

Carstennstraße 58

12205 Berlin

Germany